

Party Starters Serves 10

- ★ Assorted Cheese & Crackers 🍷 \$20
- ★ Bruschetta w/ Olive Tapenade 🍷 \$20
- ★ Mini-Meatballs w/Baguette \$40
with Marinara or Mushroom Sauce
- ★ Hummus w/ Tortilla Chips 🍷🌱 \$25
Substitute celery and carrots for chips \$5
- ★ Salsa w/ Tortilla Chips 🍷🌱 \$25
- ★ Onion Dip w/ Potato Chips \$20
- ★ Potato Chip Party \$25
Sea Salt / BBQ / Jalapeño 🍷 Honey Dijon 🍷
- ★ Seasonal Fruit Platter 🍷🌱 \$25
- ★ Seasonal Veggie Platter 🍷🌱 \$25

Sushi with Ginger, Soy Sauce and Wasabi / 30 pcs

- ★ California Roll 🌱 Platter \$30
- ★ Spicy Salmon Roll w/ spicy sauce 🌱 Platter \$25
- ★ Southwest Tuna Roll 🌱 Platter \$25
- ★ Tofu Ginger Roll 🍷🌱 Platter \$25

Hot Entrees Serves 10

- ★ Sloppy Joe Bar Slow-cooked seasoned local, organic beef in tangy BBQ sauce, homebaked organic buns, shredded cheddar cheese, shredded lettuce, diced onions and pickles \$80
- ★ Burrito Bowl Southwest-style pinto beans, wild rice blend, sour cream, shredded cheddar cheese, salsa, shredded lettuce, and tortilla chips 🍷🌱 \$45
Add taco-seasoned, shredded organic chicken \$15
Add taco-seasoned, local, organic beef \$25
- ★ Veggie Rice Pilaf Sautéed organic brown rice, onions, carrots, broccoli, celery and green peas seasoned with soy sauce, hoisin sauce and sesame oil. Served with extra soy and Sriracha sauces on the side. 🍷
Add shredded organic chicken \$20
- ★ Baked Marinated Chicken Organic chicken marinated in homemade seasonings and baked to perfection. Choose from Italian Herb, Tandoori and Teriyaki 🌱
Organic Chicken Thighs \$50
Organic Boneless Chicken Breasts \$70
Add organic seasonal sautéed veggies \$30 🍷🌱
Add mashed potatoes \$20 🍷🌱
- ★ Meatball Subs Organic local beef meatballs in a rich marinara sauce with homebaked organic buns, shredded lettuce, diced onions, shredded cheddar cheese \$80
- ★ Hot Dog! Organic all-beef hot dogs, homebaked organic buns, diced onions, pickles, ketchup, mustard \$60
Add homemade beef and bean chili \$10
- ★ Lasagna Organic vegetarian lasagna with spinach, zucchini, marinara sauce, ricotta cheese, and Parmesan cheese 🍷 \$60
Add local organic ground beef \$10
Pairs well with Caesar Salad
- ★ Salmon Cakes Wild Alaskan salmon cakes served on a bed of organic field greens. Choose a side from Asian Cole Slaw or Vinaigrette Potato Salad \$80
- ★ Go Greek Greek-style "Kefta" seasoned local, organic beef patties, lemon rice, tzatziki (yogurt and cucumber sauce) \$85
Add Greek Salad \$25



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- ★ Delivery Per Location ★ Staffing Available
- ★ Set-Up \$20/Hr ★ Clean-Up \$30/Hr
- ★ Prices subject to change

Store Hours: Monday-Saturday 10-7, Sunday 10-3

106 East Jackson Street, Carbondale, IL

618-529-2312

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Vegetarian



Vegan



Gluten-Free

Fresh Salads Serves 10


- ★ Mixed Green Salad   Mixed greens w/ carrots, cucumbers and Balsamic vinaigrette Platter \$30
- ★ Caesar Salad Romaine w/ homemade croutons, Parmesan and Caesar dressing Platter \$40 
Add Italian marinated chicken breast \$40
- ★ Chef's Salad Mixed greens w/ tomato, cheddar cheese, hard-boiled eggs, cucumber, sliced turkey and blue cheese dressing Platter \$40 
- ★ Greek Salad Mixed greens w/ feta cheese, black olives, cucumbers, tomatoes and herbed vinaigrette  Platter \$40
- ★ Mandarin Almond Salad Mixed greens w/ oranges, almonds, carrots & Teriyaki Lime dressing  Platter \$40

Homebaked Breads

- ★ Baguette  Loaf \$5
- ★ Challah  Loaf \$8
- ★ Deli White Sandwich Loaf \$10 
- ★ Rye  Loaf \$10
- ★ Seed  Loaf \$10
Available w/ spelt in half loaf  \$8
- ★ Roasted Red Pepper Scones 8/24 Mini  Platter \$30
- ★ Rolls 10 rolls \$25
Spelt Seed, Jalapeño Cheddar, Rye, or Cornbread Muffin

★ ★ ★ ★ ★
*Baked exclusively by
Longbranch Bakery!*

Breakfast Tacos Serves 5 / \$20

- 5 Corn  or Flour Tortillas and Salsa
- ★ Scrambled Eggs, Sauteed Potatoes, Soysage
- ★ Scrambled Eggs, Pastrami Bacon, Cheddar
- ★ Savory Black Beans, Cheddar

Sweets

- ★ Muffins 10 or Mini-Muffins 30  Platter \$30
Blueberry, Carrot, Cornbread or Banana Nut
- ★ Scones 8 or Mini-Scones 16  Platter \$30
Cranberry Almond or Currant Pecan
- ★ Brownie Bites 30  Platter \$30
- ★ Chocolate Coconut Macaroons   20 / Platter \$25
- ★ Cookies 24 / Platter \$25
Choose One: Extreme Chocolate, Everything, Hummingbird   Chocolate Chip, Molasses or Peanut Butter Chocolate Chip
- ★ Cupcakes 10 or Babycakes 30  Platter \$30
Chocolate or Vanilla

Beverages Serves 10 / \$20

- ★ Hot Coffee Choice of: Caffeinated, Decaf (With Cream & Sugar)
- ★ Hot Teas Choice of: Chamomile, Mint, Green
- ★ Iced Teas Choice of: Ambrosia, Black, Peach Oolong
- ★ Bottled Water
- ★ Bottled Specialty Teas Choice of:
Jasmine Green, Ginger Lemon, Tea Lemonade \$25

Cold Platters Serves 10

- ★ Roasted Turkey  \$35
- ★ Beef Pastrami \$40
- ★ Cheese Platter  \$20
Choose from: Swiss or Cheddar
- ★ Lettuce and Tomato   \$15

Deli Salads Serves 10











- ★ Waldorf Chicken Salad  \$40
With Walnuts & Cranberries
- ★ Egg Salad   \$30
- ★ Tuna Salad  \$40

★ ★ ★ ★ ★
*We use all
organic chicken!*

Sandwich Platters Serves 10

- ★ Turkey & Cheddar Subs \$55
- ★ Pastrami & Swiss Subs \$55
- ★ Waldorf Chicken Salad \$50
- ★ Tuna Salad \$50
- ★ Egg Salad  \$40

Soups 5 qt. Crock - 15 (10 oz.) servings \$45

- ★ Beef and Barley
- ★ Beef and Bean Chili
- ★ Beef and Vegetable 
- ★ Chicken Posole Mexicano 
- ★ Chicken Tortilla 
- ★ Lemon Chicken
- ★ Thai Chicken
- ★ Chicken and Wild Rice
- ★ Organic Greens & Bone Broth
- ★ Mediterranean Lentil 
- ★ Fire-Roasted Southwest Veggie  
- ★ Hearty Black Bean  
- ★ Split Pea and Chicken Sausage 
- ★ Curried Sweet Potato 

★ ★ ★ ★ ★
*Add 10 dinner
rolls for \$20*

★ ★ ★ ★ ★
*All soups are
available frozen
at TSM!*

Wraps 12 Half Wraps or 35 "Wrap"itizers

- ★ Bar-B-Que Chicken Platter \$25
- ★ Mediterranean Chicken Platter \$25
- ★ Turkey and Cheddar Platter \$25
- ★ Egg Salad and Pastrami Bacon Platter \$20
- ★ Pastrami Reuben Platter \$25
- ★ Southwest Vegan  Platter \$20
- ★ Tuna Salad Platter \$25

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